



HUNADO  
MAGYAR ANTIDOPPING CSOPORT  
KÖZHASZNÚ NONPROFIT KFT.  
HUNGARIAN ANTI-DOPING GROUP

**HUNGARIAN ANTI-DOPING GROUP**

**ANNUAL REPORT**

**20<sub>22</sub>**

### **Hungarian Anti-Doping Group Health and Service Non-profit Limited Liability Company**

The Hungarian Anti-Doping Group Ltd. was established on March 20, 2007, to participate in Hungarian anti-doping activities. The company's employees, as Doping Control Officers, had already participated in the domestic anti-doping fight, but now they have been given the opportunity to establish an independent and effective anti-doping organization in its work.

In August 2007, the organization won the 2003 CXXIX Public Procurement Tender by the Ministry of Local Government and Regional Development, pursuant to the Act on the Rules of Anti-Doping Activities, 88.2007 (IV.26.) Government Decree No 55.2004 (III.31.) for the implementation of doping sampling and management procedures as defined in the government decree and for the full presentation of the tasks of the National Anti-Doping Organization (NADO). In this way, the Hungarian Anti-Doping Group Ltd. fulfilled its full authority and all its tasks until 31 December 2011. Although the Public Procurement Contract had not previously obliged The Hungarian Anti-Doping Group Ltd. in this respect, the company nevertheless carried out non-profit-making management throughout its existence and used its entire revenue to fight doping.

Subsequently, the regulation of anti-doping activities was amended in 2011 in order to fully comply with the provisions of the WADA Code, in Government Decree 43.2011 (III.23.), which currently defines the activities of the National Anti-Doping Organization (HUNADO). In 2011, during the public procurement procedure registered under number 28313, which was announced by the Hungarian Olympic Committee in the field of "full performance of the tasks of the National Anti-Doping Organization (HUNADO) as defined in Government Decree No. 43.2011 (III.23) on the rules of anti-doping activities", the Hungarian Anti-Doping Group Ltd., which was founded as a non-profit organization for public benefit, repeatedly applied for and won it, and subsequently, a contract of assignment was

**OUR MOTTO IS "HONEST PLAY IS THE ONE WAY."**

awarded with the Hungarian Olympic Committee. On the basis of this mandate, the Hungarian Anti-Doping Group Non-profit Ltd. continued to perform the full tasks and powers of the National Anti-Doping Organization (HUNADO) in the period from 01 January 2012 to 31 December 2015.

It was an honor and at the same time a professional recognition for us that after the end of this period, as a result of a public procurement procedure conducted in two cycles by the State Secretariat for Sports of the Ministry of Human Resources, the Hungarian Anti-Doping Group Ltd. has been given the trust and mandate to carry out the tasks of the National Anti-Doping Organization (HUNADO) until 31 December 2023.

On 9 July 2021, Government Decree No 363/2021 (28.VI.) on the Rules of Anti-Doping Activities, also accepted by WADA, entered into force, which defines the activities of the National Anti-Doping Organisation (HUNADO) from its entry into force.

The guiding principle of our activities is that "doping is fundamentally contrary to sport", therefore the most important goal of our anti-doping work is to enforce the prohibition of unreasonable performance-enhancing on the basis of the current legal and other regulatory background, thereby achieving and preserving the "spirit of sport", its purity, and equal opportunities.

**Our motto is "Honest play is the only way!"**

One of the many levels of our anti-doping activity is doping control itself, which goes from the planning and organization of sampling, through the on-site execution of urine and/or blood collection to safe transport to the appropriate laboratory. Another part of our activity is the educational – preventive activity, in which we provide the information necessary for the cleanliness of the sport, doping legislation, warnings, current prohibition lists, etc. to Athletes and the professionals who help them.

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## TESTING PROGRAM

The professional activity of the Hungarian Anti-Doping Group, as the body performing the functions and powers of the National Anti-Doping Organization (HUNADO), in the period from 01 January 2022 to 31 December 2022:

Anti-doping is a multi-level activity, one part of which is doping control itself, from the planning and organisation of Sample collection, through the on-site collection of urine and/or blood samples, to their safe transport to the appropriate laboratory. The other part of the activity is the implementation of the "Rules on Anti-Doping Activities" 43/2011 (III.23.2017), which entered into force on 01 January 2017. ) and the newly enacted Government Decree No 363/2021 (28.VI.) on the Rules of Anti-Doping Activities, which is also accepted by WADA, and which are the NADO tasks provided for in the public procurement tender, which constitute the proper functioning of the National Anti-Doping Organisation. In addition to doping control, the NADO's priority task continues to be the educational - preventive activity, which involves providing athletes and the professionals assisting them with the necessary information on the purity of sport, doping legislation, warnings and the up-to-date Prohibited List.

**Between 01 January 2022 and 31 December 2022, the Hungarian Anti-Doping Group Non-profit Ltd. fulfilled the required NADO tasks.**

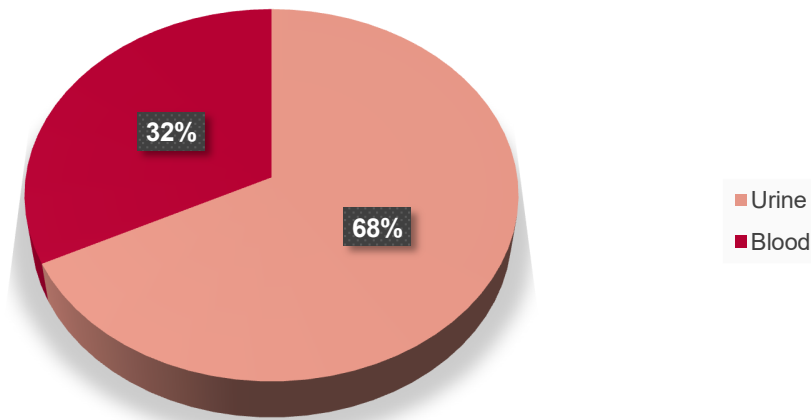
## SAMPLING IN NUMBERS

The number of tests carried out on public order between 01 January and 31 December 2022: 1500 samples, with the distribution of samples by sport was mainly among the national team members of the flagship summer and winter Olympic and World Games sports (Olympic/World Games long-list).

The tests were conducted mainly among athletes of the National Registered Testing Pool (RTP) and the HUNADO Testing Pool (TP) and the HUNADO General Pool (General Pool – team sports).

Up to 31 December 2022, a total of 1,500 tests have been carried out on behalf of the state.

**Distribution of samples:**



Urine – 1014 (67,6%); Blood – 486 (32,4%)

Blood tests were carried out in the direction of the following analyses: Growth hormone /Erythropoiesis stimulating agents / Biological Passport Program – Examination of blood parameters

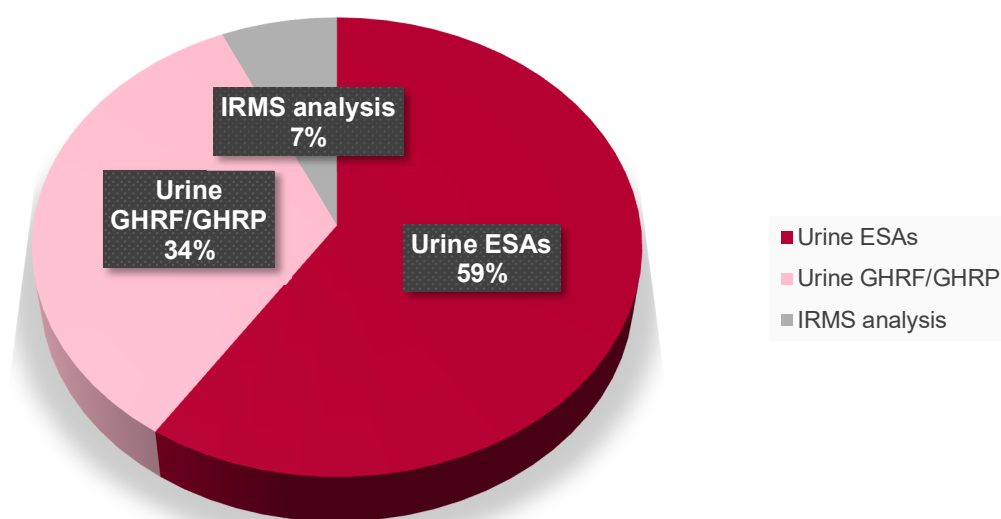
### **Laboratory analysis of samples:**

Blood / Urine test: WADA accredited laboratory in Seibersdorf – 1498 (99,87%)

Blood / Urinalysis: USA-UTAH-SMRTL (Salt Lake City) WADA accredited laboratory – 2 (0.13%) – biological passport hematological parameter deviation follow-up test according to WADA APMU instructions.

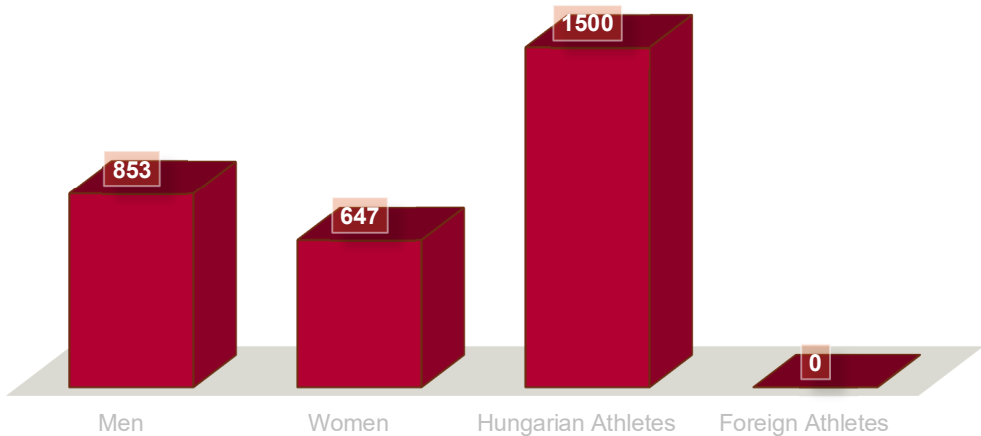
**Additional tests (urine GHRF/GHRP, urine ESAs analysis and IRMS isotope ratio measurement) required by WADA for each sport have been carried out on the basis of the relevant WADA Technical Document (WADA TD2022SSA).**

According to the current WADA Technical Document (WADA TD2022SSA), the type and number of mandatory additional analyses are:



Urine ESAs: 211; urine GHRF/GHRP: 121; IRMS analysis: 24

**Gender distribution of sampling:**



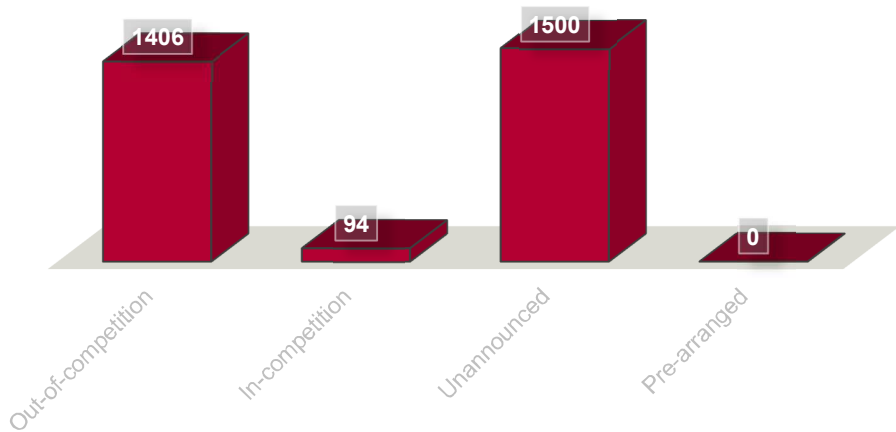
Total men: 853 (57%)

Total women: 647 (43%)

Total Hungarian Athletes: 15000 (100%)

Total foreign Athletes: 0 (0%)

**Distribution of sampling:**





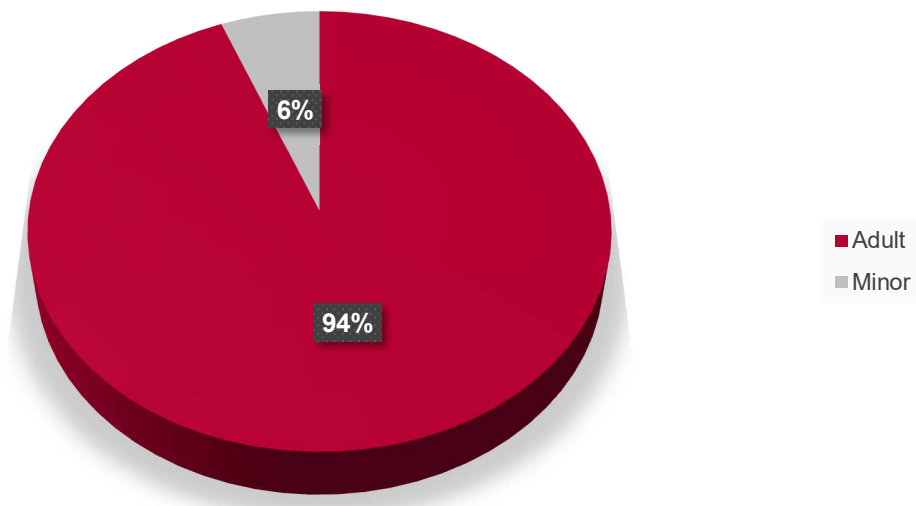
Out-of-competition sampling: 1406 (93,7%)

In-competition sampling: 94 (6,3%)

Unannounced sampling: 1500 (100%)

Pre-arranged sampling (announced): 0 (0%)

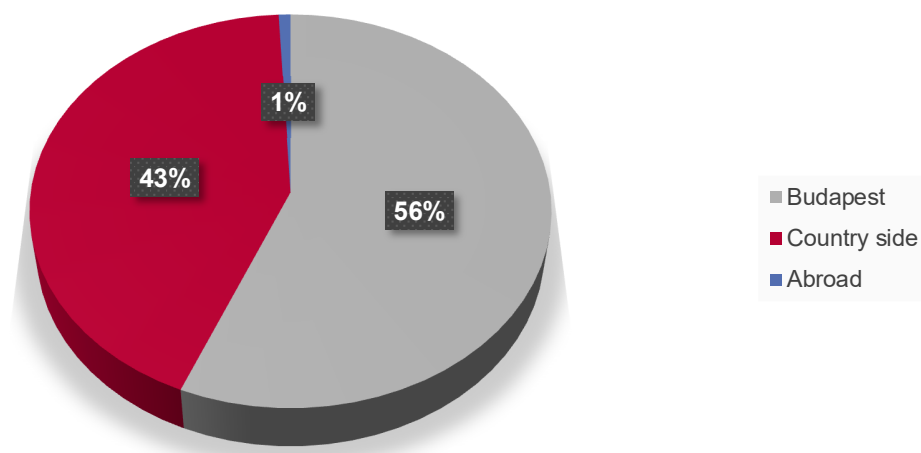
**Age distribution of athletes subject to doping control:**



Adult athlete - 1409 (94%)

Underage athlete - 91 (6%)

### Location breakdown of sampling:

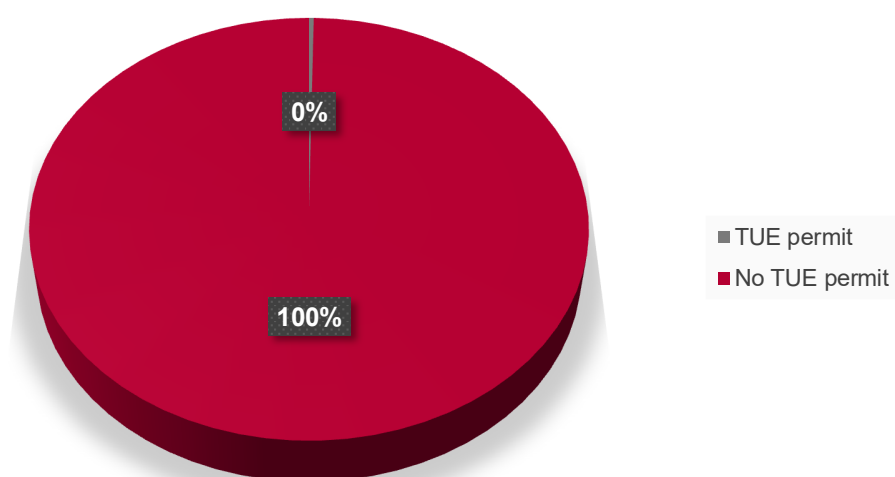


Budapest - 844 (56,3%)

Countryside - 644 (42,9%)

Abroad - 12 (0,8%) - biological passport haematological parameter deviation follow-up test according to the WADA APMU instruction

### During the doping control, the athlete announced the existence of a TUE licence:



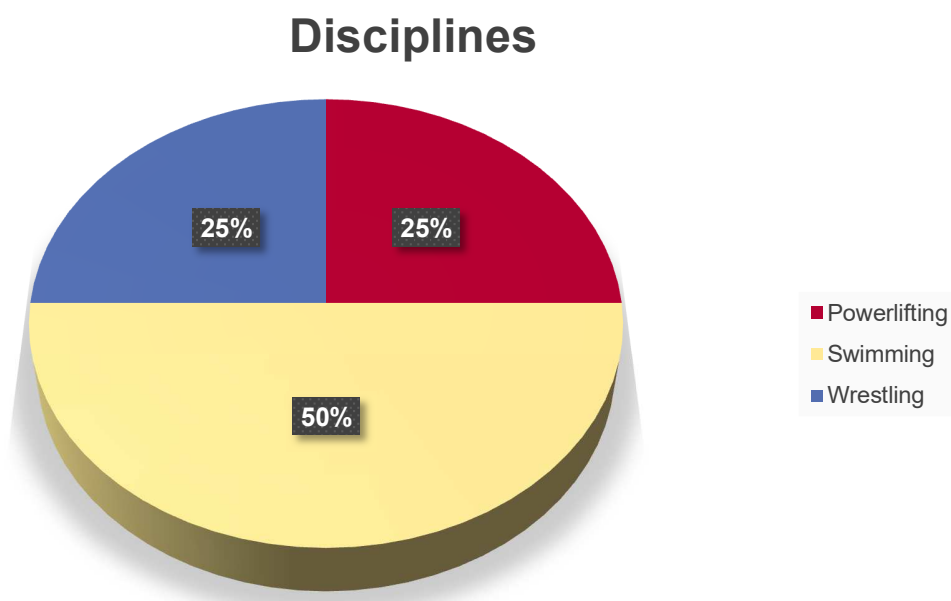
TUE permit - 9 (0,6%), No TUE permit - 1491 (99,4%)

## DOPING DISCIPLINE CASES

Regarding the publication of doping cases registered in 2022 in accordance with the legal regulations, the Hungarian Anti-Doping Group complies on its website.

<https://www.antidopping.hu/SZOVEG49.html>

### Doping discipline cases in 2022:



Powerlifting: 1, Swimming: 2, Wrestling: 1

### Processing of positive cases registered in 2021, by 31-12-2022: 4 Hungarian athletes

#### Weightlifting:

- Peptide hormones, growth factors, related compounds and mimetics - Peptide hormones and factors that induce their release in the human body - Factors that induce the release of growth hormone (GH) in the human body, including but not limited to GH releasing peptides (GHRPs), [e.g. Group S2/2/4 - GHRP-2 and its metabolite positive pattern;

### **Swimming I.:**

Adverse Passport Finding (APF) – biological passport mismatch for doping suspicion.

### **Swimming II:**

Adverse Passport Finding (APF) – biological passport deviation for doping suspicion.

### **Wrestling:**

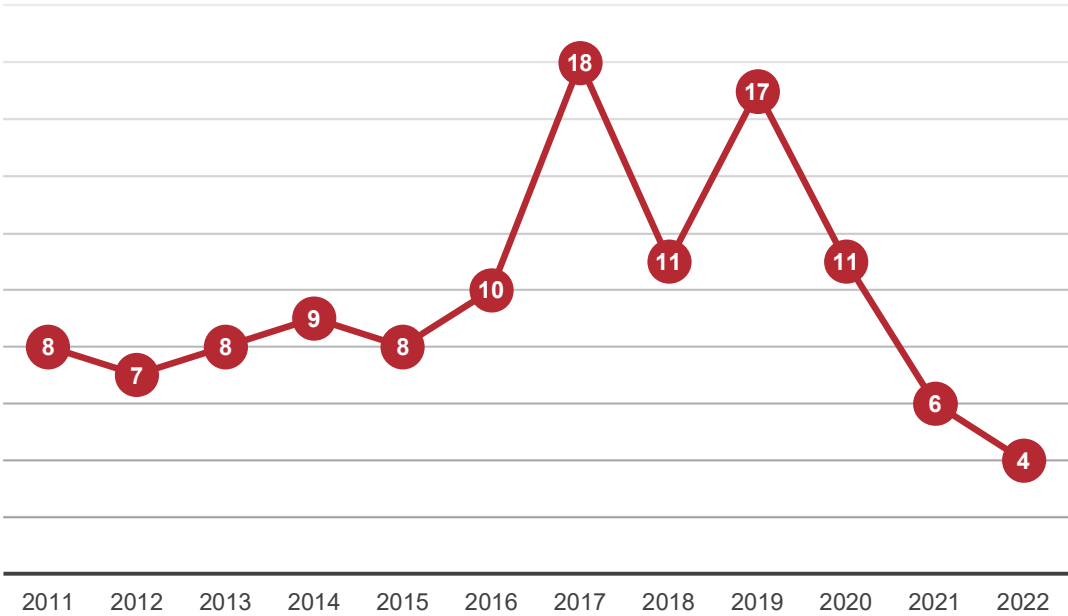
Adverse Passport Finding (APF) – biological passport discrepancy establishing doping control.

### **Failed sampling procedure and failure to provide whereabouts information:**

A failed doping sampling procedure is established and recorded when, on the basis of the whereabouts information sheet submitted by the athlete, the Doping Control Officers search for the designated athlete at the specified time and place, but he or she is not at the place and time specified by him. Under the WADA Code and the current Hungarian Government Decree, 3 failed samples are found to have been doping violations within 12 months and will always result in disciplinary action.

According to the records of the Hungarian Antidoping Group, among the members of the National Registered Testing Team, 59 (76%) cases of **failure to provide whereabouts information were recorded in 2022, and 19 (24%) cases of unsuccessful sampling were documented, which shows a significant improvement in the discipline of providing whereabouts information to athletes compared to previous years.**

Development of doping discipline procedures between 2011 and 2022



## NADO TASKS CARRIED OUT IN 2022

- In addition to ongoing WADA supervision and monitoring, HUNADO continues to enjoy WADA's fully compliant status.
- WADA's 4-year (2018–2019–2020–2021 and 2022 plans) comprehensive evidence-based compliant audit of all NADO functions has been successfully completed.

All WADA non-compliances have been resolved and eliminated, so on 28.02.2022 the WADA audit was fully completed, the WADA Standards and Harmonization Department declared that both the HUNADO Rules and Regulations and the HUNADO structure and operational procedures are "fully compliant", and the Hungarian Anti-Doping Group - HUNADO is fully compliant with the WADA Code and international standards. Accordingly, HUNADO will continue to work in close partnership with WADA to protect clean athletes in a renewed organisational and operational structure in line with the 2021 WADA Code.

- In view of the COVID-19 virus pandemic, the Hungarian Antidoping Group is in continuous consultation with the virological experts of the National Centre for Epidemiology, the Medical Committee of the Hungarian Olympic Committee and the National Institute of Sports Health. Following the lifting of the health emergency, the HUNADO COVID Regulations have been updated and revised, the necessary preventive measures and precautions remain in force and the epidemiological protective equipment has been procured. The Hungarian Antidoping Unit continues to perform sampling and NADO tasks at full capacity, in accordance with the provisions of the relevant WADA Codex (International Standard for Testing and Investigation), and in accordance with the Test Distribution Plan (TDP).
- According to the provisions of the new WADA Code, which will enter into force on 01.01.2021, the **first instance Doping Committee** and the **second instance Doping Appeal Committee** have been reorganized and are continuously carrying out their work.

The HUNADO Doping Committee is the body responsible for the conduct of doping proceedings in the first instance under the current Government Decree 363/2021 (28.VI.) on the rules of anti-doping activities, which currently has 8 members - the previous 7 members have been joined by a veterinary specialist, in view of the tasks of doping control in horses -, the chairman and members are appointed by the head of HUNADO.

The Doping Board operates in a 3-member panel, the members of which are appointed by the Chairman of the Doping Board from a panel of eight members, on the basis of their expertise and experience in the case (the Chairman may also appoint himself to the panel). The Doping Board requires the appointment of at least one member with a law degree, who is responsible for coordinating the activities of the Doping Board and drafting the relevant documents (summons, decision, etc.). HUNADO will continue to provide the material and other conditions for its operation.

**The Doping Committee operates completely independently and HUNADO is not involved in the decision.**

**The Doping Control Board:** following a positive laboratory "A" Sample, if the "B" Sample analysis confirms a positive "A" Sample, or in the case of other conduct that could constitute doping offences (refusal to provide a Sample, tampering, etc.), if a hearing of the case becomes necessary, a panel of the Doping Control Board shall hear the athlete's defence or take a decision at first instance on the level of the penalty (disqualification). The decision closing the case will be sent in English translation to WADA and to the International Federation of the sport concerned. Appeals against the first instance decision can be lodged with the Court of Arbitration for Sport (CAS) in Lausanne for internationally qualified athletes and with the Permanent Court of Arbitration for Sport (SCoA) attached to the MOB for national and lower level athletes. WADA and the international sport federation of the sport are also entitled to appeal first instance decisions.

**In 2022, two appeals were lodged against first instance decisions of the Doping Commission of the First Instance under the auspices of HUNADO. In both cases, the Permanent Court of Arbitration for Sport, attached to the Hungarian Olympic Committee, upheld the first instance decision in the second instance, issuing precedent-setting rulings and thus giving legal force to the previous decisions of the HUNADO First Instance Doping Committee.**

- **The Hungarian TUE Committee, a body of independent medical experts under the auspices of HUNADO**

**The Hungarian TUE Committee operates completely independently, HUNADO is not involved in the decision.**

The decision of the Commission is taken at first instance by the three members appointed by the President, and on appeal by the other three members of the Commission who did not take part in the first instance decision. The administrative tasks of the Hungarian TUE Committee are carried out by one of its members as Secretary of the Hungarian TUE Committee. The material and other conditions of operation will continue to be provided by HUNADO.

- HUNADO holds weekly **teleconferences with** the representatives of the **Central European Anti-Doping Organisations (CEADO countries) on the** development of the epidemic situation and the implementation of the anti-doping programme, and keeps in constant contact with the WADA European Office.
- HUNADO participates in the mentoring programme of the Eastern European Regional Anti-Doping Organisation (EERADO) at the request of CEADO and WADA, and supports the more effective functioning of the National Anti-Doping Organisations in Eastern Europe (EERADO: Albania, Armenia, Bosnia and Herzegovina, Georgia, Kosovo, North Macedonia, Moldova, Montenegro)



**The HUNADO mentored country is Armenia, and as a consequence the mentoring programme between HUNADO and ARMNADO is implemented under the supervision of WADA.**

- In all cases, the samples were taken in accordance with the contract by **doping control officers** who were issued with a letter of appointment by the Managing Director of the Hungarian Anti-Doping Group Public Benefit Non-Profit Ltd. The current staff of the Hungarian Anti-Doping Group consists of 48 doping control officers, which was optimally sufficient to fulfil the orders of the state and other anti-doping organisations (sports federations, competition organisers, etc.) for 2022.
- **The first annual renewal system audit of the ISO quality management system in the third year after the adoption of the new 2015 Standard (01 April 2022), conducted online (zoom) due to the exceptional circumstances, was completed with full success, and the doping control system operated by the Hungarian Anti-Doping Group (HUNADO) continues to fully comply with the requirements of the MSZ EN ISO 9001:2015 Standard.**
- The Hungarian Anti-Doping Group has taken out liability insurance for doping controls, which is still in force.

**In 2022, there were no claims for damages against the Hungarian Anti-Doping Group Public Non-profit Ltd.**

- **In order to increase the number of doping control officers, the Hungarian Anti-Doping Group has started recruiting new doping control officers for training. The selected persons (16 persons) have started theoretical and practical training.**
- The **current International Prohibited List** is published on the HUNADO website ([www.antidopping.hu](http://www.antidopping.hu)) in two different breakdowns - by manufacturing name, marketing name; and by compound name, compound name - and also indicates the possibility of obtaining a Therapeutic Use Exemption (TUE). The current Prohibition List is maintained and updated by HUNADO.

- The **Doping Information Hotline** continues to operate, **with** a trained doping expert on the line to answer the many questions received during working hours, from 8am to 5pm. In addition, questions or comments received at the e-mail addresses indicated on the HUNADO website ([antidopping@antidopping.hu](mailto:antidopping@antidopping.hu); [tiltolista@antidopping.hu](mailto:tiltolista@antidopping.hu) or [info@antidopping.hu](mailto:info@antidopping.hu)) will be answered as soon as possible. The main objective is to ensure that information on anti-doping activities is presented only at the highest professional level, with strict control of the credibility and accuracy of the data published.
- **The website of the Hungarian Anti-Doping Group has been completely renewed. The website [www.antidopping.hu](http://www.antidopping.hu) has been transformed into a new, modern, user-friendly website with up-to-date information, taking into account the recommendations of WADA and respecting data protection rules.**
- HUNADO has implemented the new International Standard for Education and Education against Doping, which came into force on 01.01.2021, and has built a completely new education system.
- **HUNADO has created and published a completely new e-learning program in Hungarian on its website based on the new International Standard for Education (ISE) for anti-doping education, training and information, which will enter into force on 01.01.2021.**

**The e-learning programme consists of 3 modules and upon completion of all three modules and the examination requirement, a final certificate is awarded. Completion of the Hungarian Antidoping Group e-learning programme is recommended annually for all National Registered Testing Group members.**

**Completion of the MACS e-learning programme in 2022 also meant compliance with the minimum anti-doping education requirement of the Hungarian Olympic Committee for Olympic events.**

- **The Hungarian Anti-Doping Group (HUNADO) has produced and published a training video in Hungarian and English on the steps of doping control.**

In Hungarian: <https://www.youtube.com/watch?v=hQTy3QzUIXc&t=34s>

In English: <https://www.youtube.com/watch?v=vTnolKKhQR4&t=85s>

- The names of the members of the **National and International Registered Testing Team (RTP and IRTP)** have been drawn up on the basis of the professional advice of the sports federations and all members have been informed by letter and have been sent their consent forms.
- **All modules of the international information system ADAMS have been implemented. The English-language Dutch information system was translated by the Hungarian Antidoping Group and made available to Hungarian athletes and WADA, so that the basic instructions could be displayed in Hungarian in the ADAMS system, thus helping Hungarian athletes to use it smoothly. According to WADA regulations, it is now only possible to provide whereabouts information through the international ADAMS system.** Through the Hungarian Anti-Doping Group's own information system, only athletes who are required to register can now register to be included in the MACS database, but whereabouts information can only be provided through the ADAMS system. Therefore, all athletes who are currently members of the National Registered Testing Team (HUNADO RTP) or the HUNADO Testing Team (HUNADO TP) - i.e. who are obliged to provide whereabouts information - will be registered in the ADAMS system, will receive access codes and instructions on how to use it properly will be sent to all athletes in the form of a newsletter/email/ and free publications. Considering that for many athletes, language difficulties are a problem in the management of the international whereabouts system, the Hungarian Anti-Doping Group has undertaken to assist and mediate in the communication between the athlete and his/her International Federation and in the proper management of the whereabouts system. In order to keep up to date, athletes are kept in contact with the

National Registered Testing Team and are regularly informed of the latest news, but for data protection reasons the list of Registered Testing Teams cannot be displayed on the Hungarian Antidoping Group's website, so only those with appropriate access can obtain information on it via the international information system ADAMS.

- Regardless of the epidemiological situation, the obligation to provide whereabouts information was ongoing, which the Hungarian Anti-Doping Group continued to monitor in accordance with WADA regulations and sanctioned in case of deficiencies or non-compliance.
- The Hungarian Anti-Doping Group, in cooperation with the telecommunications company VODAFONE, has developed and implemented an SMS service system to improve efficiency, which means that all athletes registered in the MACS system will receive regular SMS messages with short updates on important news or a warning about the proper performance of the Home Information Service.
- **Failed samples** were recorded, documented and sanctioned.
- **Failure to provide whereabouts information**, as conduct constituting doping offences, was recorded and documented among the members of the National Registered Testing Team and the necessary **sanctions** were implemented.
- In connection with the website, the Hungarian Anti-Doping Group has periodically published and distributed **electronic newsletters** to its affiliated sports federations and athletes in order to provide up-to-date information and to promote and publicise anti-doping activities.
- Athletes were informed by newsletters about the continuity of their obligation to provide information in the Netherlands; developments in the epidemiological situation, health precautions and current anti-doping information and news. A continuous telephone and e-mail service is in place to ensure that all questions received by HUNADO are answered as soon as possible.

- **The Hungarian Antidoping Group - HUNADO has started the preparation of the modern and environmentally friendly u.n. "paperless" procedure - the transition to paperless, electronic-only, full administration of doping controls. To this end, there is ongoing coordination and cooperation with the WADA DCO Central team, and doping control officers are undergoing weekly small group practical training sessions according to the schedule of the HUNADO Education Department.**
- The Hungarian Anti-Doping Group has launched **a call for applications for Hungarian sports federations and sports bodies for the "Installation of an anti-doping information tent at major domestic sporting events"**. The costs of the installation of the anti-doping information tent and the production of the information materials used will be borne entirely by the Hungarian Anti-Doping Group. The Information Tent is part of the WADA Outreach Education Programme, where the Hungarian Anti-Doping Group will present its own educational publications, the so-called WADA Quiz, available in several languages, and interactive anti-doping educational presentations. The tender was completed in due time and the selected organisations were notified.
- The Hungarian Anti-Doping Group announced **a call for applications for the provision of free anti-doping lectures for domestic sports federations and sports federations** (10 free lectures for domestic sports federations and 5 free lectures for sports federations in Budapest and in rural areas) The application was completed within the specified deadline and the selected organisations were notified.
- The head of HUNADO gave 3 online **lectures at the anti-doping training of the Hungarian Coaches' Association's flagship coaching programme, in order to complete the mandatory anti-doping education programme for coaches, entitled "New trends in the world of doping and challenges in the fight against doping", with the participation of more than 1000 coaches and sports professionals.** The

presentations were conducted online via the zoom app (11.01.2022; 14.06.2022; 15.12.2022).

- The head of HUNADO held **an anti-doping course** (2 x 180 minutes) **at the University of Physical Education on** "History of doping and new trends in the world of doping and challenges in the fight against doping" (11.02.2022 and 12.02.2022 in person)
- The head of HUNADO was invited for the fifth time and gave a highly successful **lecture at the postgraduate training course "Sports Diplomacy Advisor" at the Szent István University of Győr**, entitled "Diplomatic tasks in the fight against doping, or new trends and challenges in doping control". (26.03.2022 in person)
- **4 members of the Hungarian Anti-Doping Group participated in the General Assembly of CEADO Member States in Poland, which was held to discuss the future operational functioning of the organisation, to develop common goals and to present and adopt the short and long term plans of the organisation. At the event, delegates also had the opportunity to meet in person and discuss certain issues with the President of WADA (27-29 April 2022 Warsaw).**
- **Two members of the Hungarian Anti-Doping Group participated in the WADA World Congress in Lausanne, which was held to present and adopt the current anti-doping tasks of the world, the functioning of the various anti-doping organisations, and the short and long-term plans and programmes of the international organisation (Lausanne, 11-12 June 2022)**
- **4 members of the Hungarian Anti-Doping Group participated in the conference held in Vienna, hosted by the Austrian National Anti-Doping Organisation, to present the activities of NADA Austria, to discuss the close cooperation between HUNADO and NADA Austria, to present and adopt the short and long term plans and programmes of both organisations and to develop the joint work of the Intelligence & Investigation Departments of both organisations (16-18 August 2022, Vienna)**

- The head of HUNADO held **an anti-doping course** (2 x 45 minutes) **at the SYNLAB ACADEMY** on "The impact of doping substances on laboratory values" (20.04.2022. Budapest, Hungarian House of Sport)
- The head of HUNADO gave **an anti-doping lecture at the Felcsút Football Academy** on "Sports Nutrition and Doping" (21.04.2022. Felcsút Football Academy)
- The head of HUNADO gave **a presentation at** the General Assembly of the **Hungarian Special Olympics Association for the** leaders and coaches of the **Hungarian Special Olympics Association**, entitled "News, new trends and rules in the fight against doping" (2022.05.07. online)
- At the invitation of the **National Institute of Sports Health**, the head of HUNADO gave **a lecture at the preparatory course for** doctors preparing for the examination in **sports medicine**, entitled "Current issues, new trends and rules in the fight against doping" (2022.05.06. online)
- The head of HUNADO gave **a lecture at the compulsory refresher course for medical specialists already holding a specialist examination in sports medicine**, entitled "Current issues, new trends and rules in the fight against doping", at the invitation and under the organization of the **National Institute of Sports Health** (08.11.2022. personal appearance)
- **A representative of HUNADO made a presentation at the joint online meeting of the Central European Anti-Doping Organisation (CEADO) and the International Anti-Doping Agency (ITA)**, which was held to present and adopt the short and long-term plans and programmes of the two organisations and to develop even closer cooperation between the different departments of the two organisations in the future.
- The head of HUNADO gave a very successful **presentation on "The risks and consequences of illicit performance enhancement"** at the NCA Daily Scientific

Conference organised by the **National Competitive Sports Association (NCA)** (Budapest, 08.11.2022)

- The head of HUNADO gave a very successful **lecture** for the Master's students of the **University of Physical Education** on **"Illicit performance enhancement in competitive sports - challenges and tasks in the fight against doping"** (Budapest, 17.11.2022.)
- 4 members of the Hungarian Anti-Doping Team participated **in the international anti-doping workshop** "Experiencing WADA: Passport, Paperless, Blood Spots and more", organized by the **WADA accredited Laboratory in Seibersdorf, Germany**, on 27-28 November 2022, with the support and participation of WADA. **HUNADO's Legal Director gave a very successful presentation on "Takeaways from WADA Assessments"** (27-28.11.2022 Seibersdorf in person)
- **The Education Manager of the Hungarian Anti-Doping Group participated in the Education Workshop organised by the member countries of the Central European Anti-Doping Organisation (CEADO) in Prague, which was** held to present the practical implementation of the provisions and rules of the new International Standard for Education and Training (ISE), which entered into force on 01.01.2021 **(28.11.2022, Prague, personal appearance)**
- **The Hungarian Anti-Doping Group - HUNADO successfully completed the on-site drug testing of the Hungarian teams competing at the Winter Olympic Games in Beijing (China) / the Deaflympics in Caxias do Sul (Brazil) / and the European Winter Youth Olympic Festival in Vuokatti (Finland).** All athletes have been included in the database of the Hungarian Anti-Doping Group and the International Anti-Doping Information System (ADAMS) for the purpose of future contact and to facilitate the provision of whereabouts information. The head of the Hungarian Antidoping Group kept in constant contact with the team leaders and the medical team members sent to the various sporting events.



- The Hungarian Anti-Doping Group, **acting on behalf of the International Swimming Federation (FINA)** , in close cooperation with the International **Sample Agency (ITA)** , has successfully completed the organisation and coordination of the doping control of the **FINA World Aquatics Championships, which will** be held in **Budapest between 18 June and 03 July 2022 in the Duna Arena and the Hajós/Séchy Swimming Pool and Lake Lupa.**

The Hungarian Antidoping Group - HUNADO completed the pre-games (OOC) and in-competition (IC) testing programme of the World Championships with excellent coordination and professional teamwork, with nearly 970 samples being taken.

- **The Hungarian Anti-Doping Group has entered into a cooperation agreement with the Hungarian Football Association to develop a comprehensive anti-doping education programme and e-learning training focused on football within the framework of UEFA's education mentoring programme. As part of the programme, an 80-minute educational material was produced, which included a presentation based on the modules of the WADA and UEFA educational regulations (such as the WADA Prohibited List; Therapeutic Use Exemption - TUE Licence Regulations, Whereabouts Information Service, doping offences, results management, etc.) and the anti-doping slogan "Play clean" was projected at the Hungarian national team's matches in Hungary.**
- **Formal discussions and negotiations have begun between the Hungarian Anti-Doping Group's Sample Coordination and Event Management Division and the Organising Committee of the 2023 World Athletics Championships in Budapest to ensure the smooth running of doping control at the World Event.**
- Work on **education and prevention is** ongoing, with a number of presentations on anti-doping issues also taking place during this period:  
Personal anti-doping lecture on anti-doping tasks, actualities, rules at the General Assembly of the Hungarian Swimming Federation for the adult and junior national

team and their coaches, sport leaders (2022.01.08 Budapest, Margitsziget); personal anti-doping lecture on anti-doping tasks, actualities, rules at the General Assembly of the Hungarian Gymnastics Federation for the adult and junior national team and their coaches, sports managers (2022.01.20 Budapest, Hungarian House of Sport); Personal anti-doping lecture on anti-doping tasks, updates and rules at the General Assembly of the Hungarian Wrestling Federation for the adult and junior national team and their coaches and sports managers (2022.01.01.21 Budapest); Hungarian Fencing Association in the framework of an online lecture on anti-doping tasks, updates, rules for the adult and junior national team and their coaches, sports managers (2022.02.16 Microsoft teams); Hungarian Sports Association for the Hearing Impaired in the framework of a personal anti-doping lecture on anti-doping tasks, updates, rules for the adult national team and their coaches participating in the Deaflympics (2022.03.18 Budapest, House of Hungarian Sport), personal anti-doping lecture on the anti-doping tasks, actualities, rules for the adult and junior national team and their coaches and sports managers (2022.04.06. Dunavarsány); personal anti-doping lecture on anti-doping tasks, actualities and rules for the adult and junior national team and their coaches and sports managers organized by the Hungarian Kayak-Kanu Federation (2022.04.14. Dunavarsány Training Camp); personal anti-doping lecture on anti-doping tasks, actualities, rules at the General Assembly of the Hungarian Bodybuilding and Fitness Federation for the adult and junior national team and their coaches and sports managers (2022.04.30 Budapest, Hungarian House of Sport); Online consultation with the representatives of the Hungarian Darts Association for the purpose of updating the anti-doping rules of the Association (17.05.2022.); Personal anti-doping lecture on the anti-doping tasks, updates, rules for the adult and junior national team (U17 - U19) and their coaches and sports managers (2022.08.08. 24. Balatonfüred); online anti-doping lecture on the anti-doping tasks, updates, rules for the adult and junior national team and their coaches, sports managers (22.09.2022.

online); online anti-doping lecture on the anti-doping tasks, updates, rules for the adult and junior national team and their coaches, sports managers (2022.11.12. online); online anti-doping lecture on the anti-doping tasks, actualities and rules for the adult and junior national team and their coaches and sports managers (15.12.2022. online).

- Training and education of doping control officers is regular and takes place in person or online via the teams/zoom app. All doping control officers (48) have successfully passed a final examination on the provisions of the revised Sampling Rulebook based on the current WADA relevant standard (ISTI) and other instructions (HUNADO Manual)
- **HUNADO's relations with the Hungarian sports press are** very close, and during this period the Executive Director made several media appearances and appeared in practically all national press and media outlets in order to keep the public updated on the current situation of anti-doping work and to raise awareness of the dangers of doping.

## **HUNADO'S 2022 ANTI-DOPING EDUCATION PROGRAMME**

### **Presentation of the programme:**

1. The HUNADO 2022 . year anti-doping education programme for athletes and sports professionals:
  - Face-to-face and online presentations for athletes and professionals supporting athletes;
  - Online education - a comprehensive e-learning programme;
  - WADA Outreach Programme - Anti-Doping Information Tent at external competition venues;
  - Send newsletters.
2. HUNADO's 2022 anti-doping education programme for HUNADO staff:
  - training and preparing future doping control officials to work at international level;
  - to improve the professional knowledge of our active anti-doping officers who already hold a credential, to provide them with anti-doping training and to measure and monitor their professional knowledge;
  - Training and preparation of delegated chaperones at the FINA 2022 World Championships for anti-doping duties according to the relevant International Standard for Testing and Investigation.

### **Anti-doping education programme for athletes and sports professionals:**

#### **Personal presentations for athletes and sports professionals assisting athletes**

The personal presentations, including the round table discussions, are attention-grabbing and persuasive. Immediate interactive feedback and opinions help the presenter to establish a dialogue with the audience, understand the athletes' attitudes

and assess their knowledge of anti-doping issues, and react immediately to any problems, comments or information. In addition, feedback is also very important for HUNADO, as it enables it to know which issues are of deeper concern to athletes and sports professionals and to adapt and update its anti-doping education programme accordingly.

**In 2022, the staff of the HUNADO Education Department delivered 40 online or in-person anti-doping presentations.**

- **National Sports Federation:**

Hungarian Athletics Association, Hungarian Wrestling Association, Hungarian Diving Association, Hungarian Curling Association, Hungarian Rowing Association, Hungarian Rowing Federation, Hungarian Association of Shot Put Sports, Hungarian Sports Federation for the Hearing Impaired, Hungarian Ice Hockey Association, Hungarian Kayak Canoeing Association, Hungarian Motorised Water Sports Association, Hungarian Artistic Diving Association, Hungarian OCR Association, Hungarian Pentathlon Association, Hungarian Dragon Boat Association, Hungarian Special Olympic Association, Hungarian Shooters Association, Hungarian Gymnastics Association, Hungarian Swimming Association, Hungarian Fencing Association, Hungarian Sport Shooters Association, Hungarian Gymnastics Association, Hungarian Swimming Association, Hungarian Competitive Sports Association

- **For sports federations or other national or foreign organisations:**

International Sampling Agency (ITA), Central European Anti-Doping Organisation (CEADO), Seibersdorf Laboratory and WADA co-organised workshop, Hungarian Coaches Association 3 times, National Institute of Sports Health 2 times, University of Physical Education 3 times, Hungarian Olympic Committee 2 times, Hungarian

Paralympic Committee, Széchenyi István University, SYNLAB Academy, Felcsút Puskás Academy.

HUNADO would like to measure the participation rate in each lecture or educational programme, so we will contact each organisation through a questionnaire and look for feedback and satisfaction from the audience. Unfortunately, practical experience shows that around 20% of the organisations contacted do not respond. Based on the available data, the number of participants or students of HUNADO's anti-doping programmes in 2022 was at least 1300. According to the measured data, 40% of the audience are athletes and 60% are sports professionals, parents or other interested parties.

### **Online Education**

In February 2021, the website of the Hungarian Anti-Doping Group - HUNADO was completely renewed, both in terms of content and appearance. Among other things, a completely new and up-to-date, user-friendly educational interface has been developed. The anti-doping education pages provide 9 target groups with different levels of anti-doping knowledge, depending on their age group and level of performance in sport. The content of each menu item will be continuously expanded and updated.

### **E-learning**

HUNADO's e-learning programme is free of charge for everyone after registration.

The WADA International Standard for Education requires national anti-doping organisations to provide anti-doping education materials for athletes in National Registered Testing Pools (NTPs) and Athletes under Ineligibility. Accordingly, anti-doping training is available to athletes on our website, consisting of 3 modules, culminating in an examination and a certificate upon successful completion.

HUNADO will inform not only the mandatory target group (Registered Testing Pool) but also the members of the HUNADO Testing Pool about the above possibility. Reminders will be sent by e-mail 3 and 4 times a year to RTP and TP member athletes who have not yet taken the training. In the case of RTP member athletes, we accept as completed not only the above training, but also the WADA ADeL training and participation in anti-doping lectures organised by the Hungarian Olympic Committee and/or the Hungarian Coaches Association, which are also professionally supervised by the Hungarian Anti-Doping Group - HUNADO.

As a result, 80% of RTP athletes and 74% of TP athletes have completed the current anti-doping education.

Of course, HUNADO training is not only for athletes, but also for sports professionals (coaches, sports doctors, etc.), and we strongly recommend and support the development of their anti-doping knowledge.

At the request of the National Association of Competitive Sports (NCA), in cooperation with them, all athletes qualifying for the World Games in Birmingham have been informed that, based on the NCA Decision, it is mandatory for all athletes with a quota to complete the HUNADO e-learning anti-doping training. As a result, all participants were able to travel to the 4-yearly World Games with adequate and up-to-date anti-doping knowledge.

HUNADO is continuously cooperating with the Hungarian Football Association (MLSZ) within the framework of the UEFA HatTrick programme. As part of this programme, anti-doping training is provided separately for MLSZ athletes and sports staff in the "Federations" sub-menu of the HUNADO educational platform, with registration and record keeping in accordance with UEFA requirements.

In October this year, a specially developed e-learning programme for young people - athletes aged 12-16 - was made available, with a special focus on value-based education.

As a result of an agreement with the Hungarian Olympic Committee, this anti-doping training will be mandatory for Hungarian athletes participating in Youth Olympic Festivals and events (Summer and Winter EYOF and Summer and Winter Youth Olympics).

Our records show that a total of 261 certificates were awarded as part of a successfully completed dopingellen programme:

8 times for RTP athletes, 20 times for TP athletes, 100 times for other athletes and sportspersons and 133 times for athletes and sportspersons under the jurisdiction of the MLSZ.

**WADA Outreach Program (Anti-Doping Information Tent)**

**Under the terms of a public benefit contract, free-of-charge withdrawals are provided for the following sporting events:**

26 February 2022.	Hungarian Diving Association	CMAS FinFloat World Cup WINNER
5 June 2022.	Hungarian Triathlon Federation	Tisza Triathlon-TISZAÚJVÁROS
26 June 2022.	Hungarian Athletics Federation	127th Hungarian Athletics Championships-BUDAPEST

**Anti-doping programme commissioned by the sports federation:**

7 August 2022.	Hungarian Kayak-Kenu Federation	Children, Puppies Hungarian Championship Szeged
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## **Newsletters**

In 2022, we sent out 6 newsletters containing information of public interest to more than 8,000 readers at a time.

The education sub-menu on our website has been clicked on more than 5,000 times, a 40% increase compared to the first 11 months of last year.

## **Other**

As part of the MLSZ-HUNADO cooperation supported by the UEFA HatTrick programme, for the first time in the history of Hungarian football, the slogan "JÁTSSZ TISZTÁN", the motto of the Hungarian Anti-Doping Group - HUNADO, was projected several times during the Nations League matches at the Puskás Arena (Puskás Ferenc Stadium) on 11 June and 26 September this year.

The two broadcasts were watched by more than 1,700,000 people.

<https://m4sport.hu/magyar-foci/labdarugas/cikk/2022/09/27/az-idei-ev-legnezettebb-sportesemenye-lett-a-magyar-olasz-nemzetek-ligaja-merkozes/>

On 28-29 November 2022, the Education Manager of HUNADO participated in a workshop organised by CEADO (Central European Anti Doping Organization) in Prague, where the representatives of the Central European region presented their educational programmes and assessed the possibilities of cooperation for the coming year.

HUNADO's 2022 anti-doping education programme for HUNADO staff:

The HUNADO Education Manager is in charge of setting up, coordinating and running the programme, with the practical implementation and education being assisted by senior doping control officers of his choice.

### **Training and preparing future doping control officers to carry out anti-doping tasks:**

Following a successful interview, our prospective colleagues will follow a multi-stage training system. This consists of the following elements:

- Provision of theoretical learning material (Electronic format)
- Practical training (Each candidate will participate as an observer in at least 3 doping controls. On the 4th occasion, he/she will be involved in the control under the close supervision of a doping control officer already in possession of a letter of appointment.
- Theoretical consultation – the Training Manager and trainers of his choice will analyse the steps of doping control and demonstrate the appropriate sampling procedure (blood and urine sampling)
- Theoretical test – following test questions, the candidate must complete the full administration of a doping control.
- In the first half of 2022, we trained 4 new prospective doping control officers and are currently training 13 candidates.

### **Improving the professional knowledge, training and monitoring of active doping control officers holding a certificate of competence:**

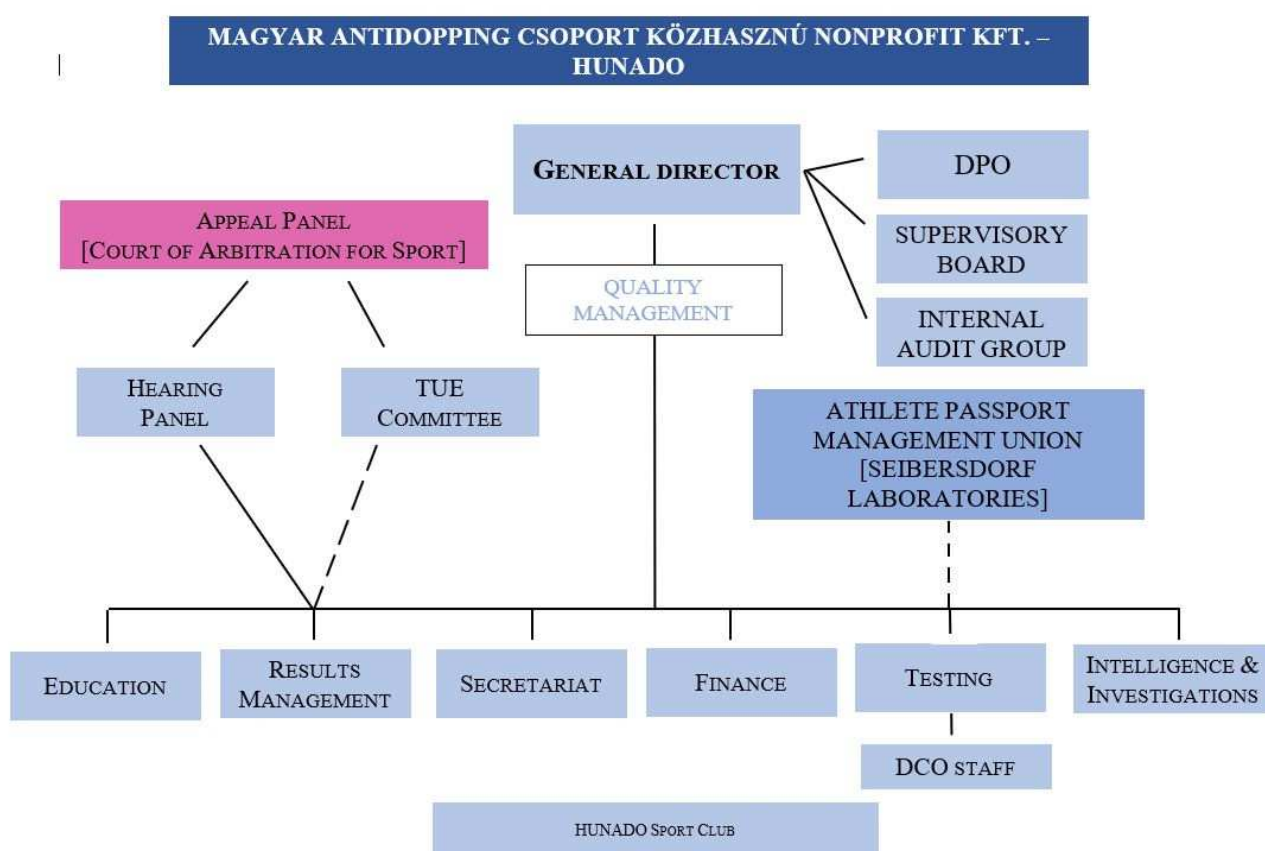
- Quarter 1: Launch of the new HUNADO Manual / Doping Control Manual and knowledge assessment

- Quarter 2: Preparation for the FINA World Championships (two-day training consisting of theoretical and practical blocks)
- Quarter 3: Demonstration and learning of paperless doping control
- Q4: Presentation and training on the administrative changes to be introduced by WADA in 2023.


### Training and coaching of chaperones for the FINA World Aquatics Championships 2022 at home:

- Delegated chaperones working at the FINA World Aquatics Championships have undergone theoretical and practical training prior to the World Championships.
- The doping control training material and brochures were provided in writing.

### ORGANIZATION STRUCTURE



**SAY NO!  
TO DOPING**

In partnership with  **WADA**



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